Feasibility study to the implementation of the SPARK method in Flanders

Maaike Deschoemaeker, MD
K. Hoppenbrouwers, PhD, K. Van Hoeck, PhD
Ingrid Staal PhD, Henk van Stel PhD
Context

**Preschool**
0 – 2.5 years

**School**
2.5 – 18 years

**Kind & Gezin**

**CLB – Pupil Guidance Centre**
Importance of early detection

Kind en Gezin:
gap between 15 and 24 months
Pilotproject
Kind en Gezin
Roeselare, Flanders
Focus groups

- Feasibility to plan home visits
- Feasibility shortened training
- Use of the SPARK method
  - What is going well?
  - What are our concerns?
  - What do we need?
Method

1. Acceptability
2. Praticality
3. Feasibility
4. Demand
5. Limited-efficacy

Demand
Satisfaction parents

CONTACT 18 MONTHS

HOME VISIT VS CONSULTATION

INCLUDED IN K&G PROGRAM

In favor
Method

Acceptability  Praticality

Feasibility

Demand  Limited-efficacy

Limited-efficacy testing
Retrospective comparison
SPARK-form 18m vs consultation 15m
Conclusion

Acceptability

Practicality

Feasibility

Demand

Limited-efficacy
Imagine you could use SPARK in your work context tomorrow, what barriers would you encounter?