School doctors' care in Austria – a contribution to pupils' health equality

EUSUHM 2017 Leuven, Angela Huber-Stuhlpfarrer
Presentation of results of a collaborative action research study:

- Reserach done from 2013 to 2014, with support of Austrian ministry of education, in collaboration with PEG – Ingrid Wallner
- School „WIKU BRG Sandgasse, Graz“ about 800 pupil, 80 teachers
- About 2/3 girls, 1/3 boys
- 126 pupils participated at the questionnaire
- About 60 pupils paticipated at „creative work“

- Methodical approach based on qualitative ethnological approach (observance, field studies, interviews, questionaries) and action research (action+reflexion; theory+practice; in participation with pupils, teachers and parents)

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School doctor's activities concerning pupils

School doctors work - evaluation of electronic documentation

- Treatment of physical complaints: 34%
- Physical examination (once a year): 44%
- Exemption of physical education: 8%
- Psycho-social counselling: 14%
Why do pupils consult their school doctor?

Reasons why pupils are consulting the school doctor:

- Injuries: 2%
- Pain/fever: 6%
- Problems, counseling: 14%
- Health check: 13%
- Vaccination: 18%
- Exemption of physical education: 47%
How can your school doctor contribute to your wellbeing?

School doctors contribution to wellbeing of pupils

- 48%: "helping me", injuries
- 13%: examining me
- 9%: doing exemptions for physical education
- 4%: counseling, "to talk about my problems"
- 4%: doing workshops in the classrooms
- 2%: being cordial
Wish for higher involvement of school doctor’s in the following fields

Teacher’s suggestions:
* Health education
* Lectures for parents
* Lectures for teachers
* Being network partner with other health experts
* Contact point in bullying situations
* “Crisis – Intervention”
* Counselling of teacher and headmaster in health issues

Parent’s suggestions:
* Health education
* Lectures for parents
* Being network partner with other health experts
* Contact point in bullying situations
* More preventive care
Health education, prevention

Empowerment and health literacy of pupils

Increasing pupil's health/wellbeing

Counseling in health issues

Knowledge transfer to headmaster, teachers and parents

Increasing pupil's health/wellbeing

First aid, crisis intervention

Enable pupils, parents, teachers, non teaching personal to experience support

Increasing health and wellbeing in the whole school community
Thank you for your attention!