

VoorZorg

Primary Prevention of Child Abuse 2017, and following actions



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Introduction of Speaker(s)

Elle Struijf

Medical Doctor of Society and Health

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GGD Hollands Noorden

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Nederland Centrum Jeugdgezondheid (NCJ)

(Silvia van den Heijkant

Medical Doctor of Youth Health Care
VU University Medical Centre EMGO+ Institute
GGD Amsterdam)

Background of VoorZorg



David Olds

Professor of Pediatrics, Psychiatry
and Preventive Medicine

University of Colorado
Health Sciences Center

Theoretical based

Proven to be effective in the United
States of America

Translation and cultural adaptation
NFP for the Netherlands

→ VoorZorg

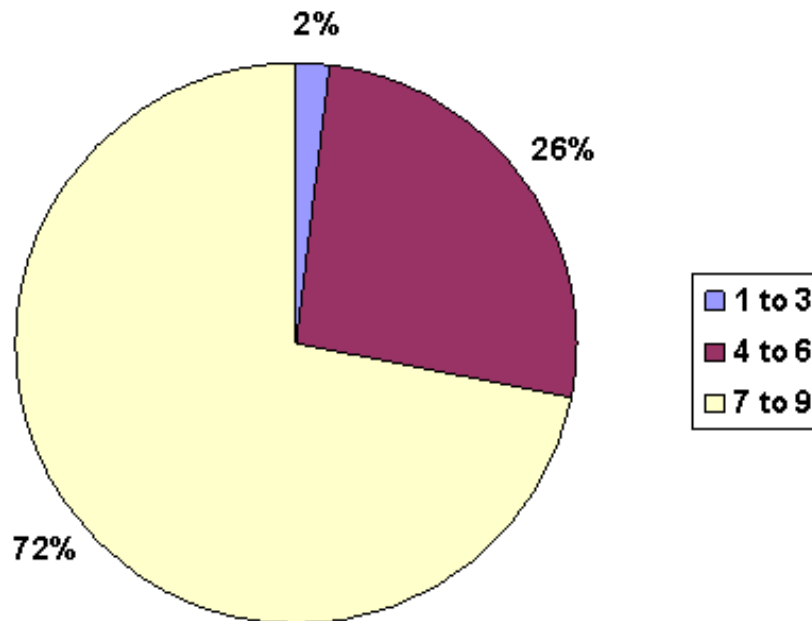
VoorZorg, the program

6 domains:

1. Health of mother and child
 2. Safety of direct surroundings
 3. Life-course of the mother
 4. Role of the mother
 5. Partner, family and friends
 6. (Other) Community facilities
- Target Group: young expectant mothers of a first child with low income in very risky circumstances
 - Intensive: 40-60 home visits by VoorZorgnurses from 16-28 weeks pregnancy until the child becomes 2 years
 - Standardized and flexible

Randomized Controlled Trial: Risk factors

% of Child Abuse Risk Factors

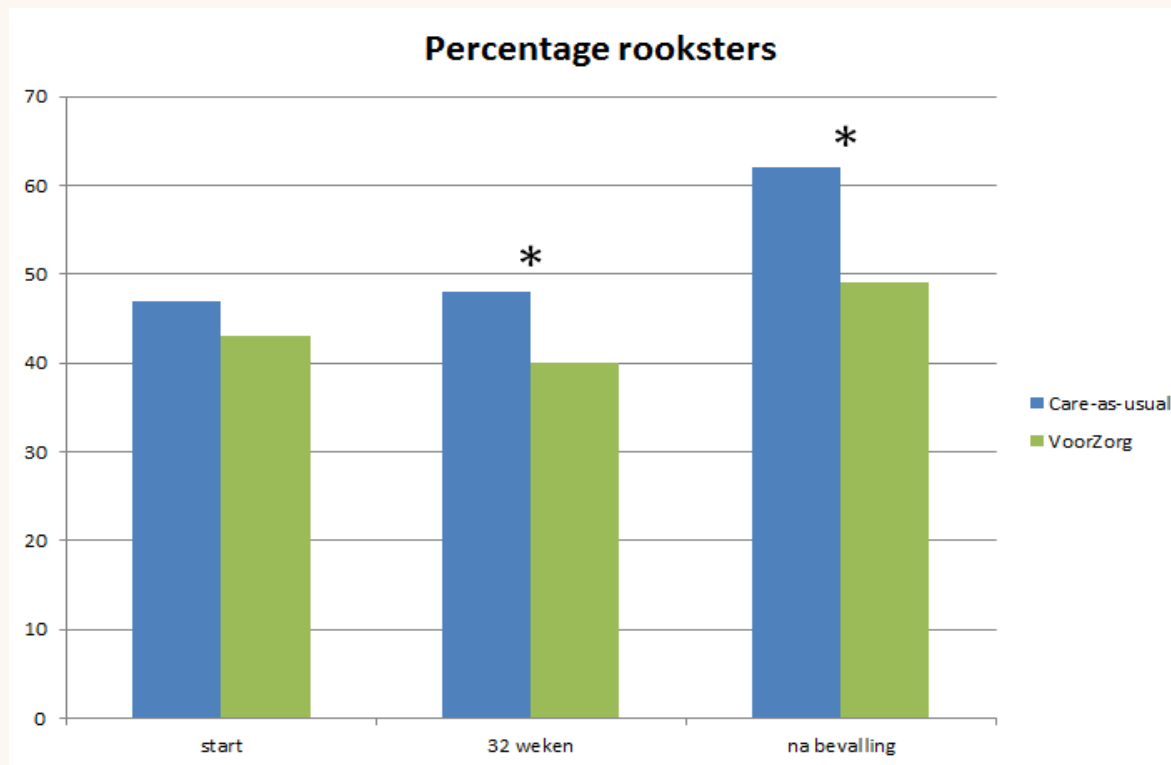


Risk factors:

1. No spouse
2. Alcohol and/or drug use
3. Actual domestic violence
4. History of violation
5. Psychosocial problems
6. Negative expectations pregnancy
7. Housing problems
8. Short finance
9. No education and/or job

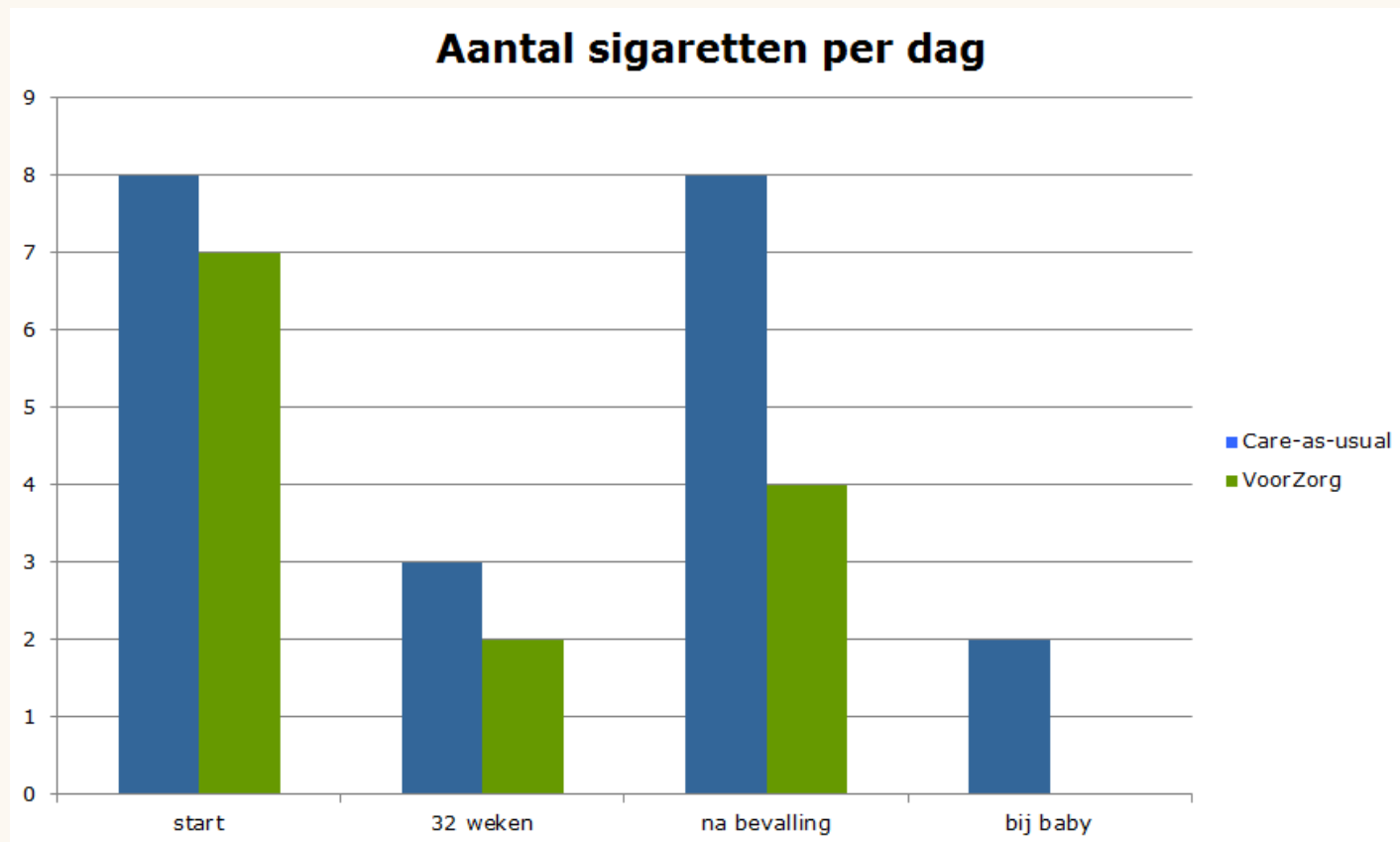
98 % has 4 or more risk factors

Randomized Controlled Trial: Percentage of smoking



*=significant difference

Randomized Controlled Trial: Smoking, number of cigarettes



Randomized Controlled Trial: Domestic Violence

Also after 2 years, domestic violence was reduced in the VoorZorg group compared to the control group.

Especially psychological as physical violence.

With women as victim as well as perpetrator.



Randomized Controlled Trial the Netherlands (2014)

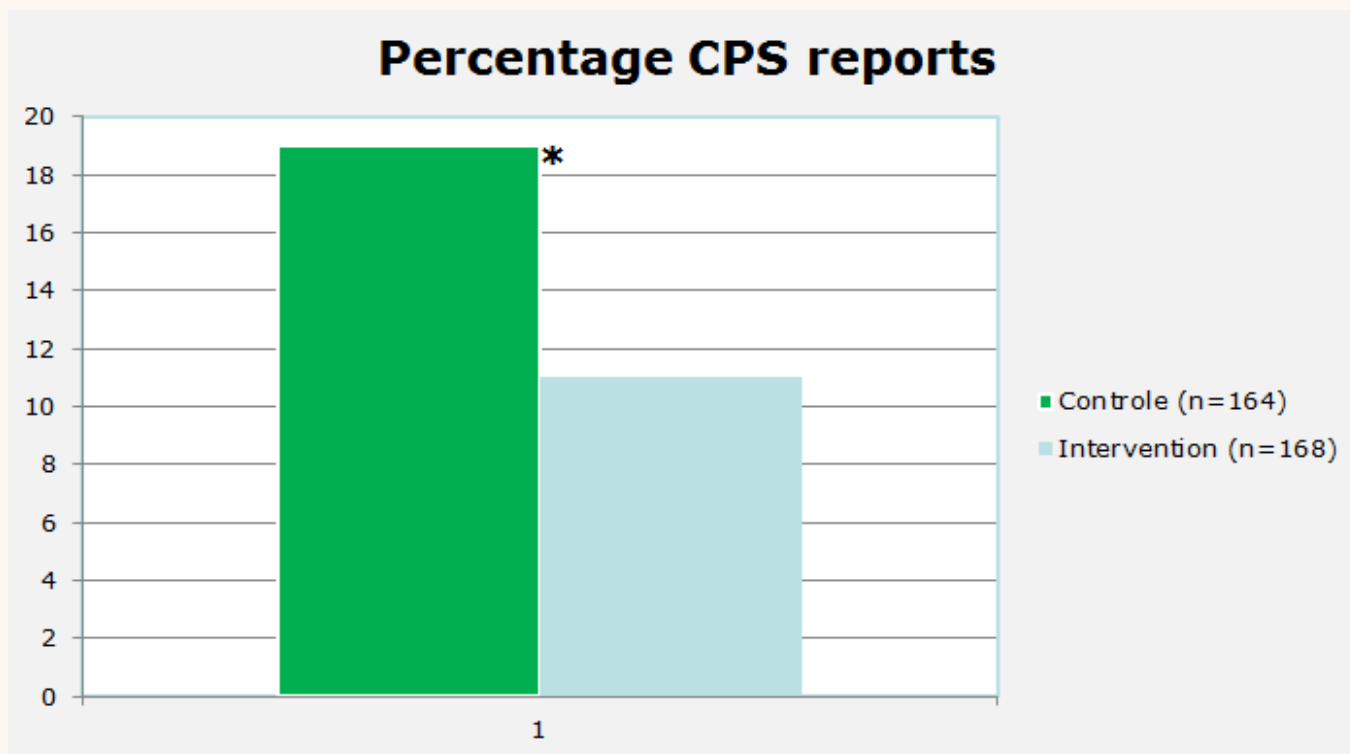
Main Question was:

Does VoorZorg prevent Child Abuse?



Randomized Controlled Trial: Reduction of Child Abuse

There were 19% (31/164) CPS reports in the control group and 11% (18/168) in the VoorZorg group. This is a significant difference.



Randomized Controlled Trial the Netherlands (2014)

Conclusion:

VoorZorg is effective in preventing Child Abuse!

Financial

United States:

- After 4 year neutral for costs;
- After 15 year 4-time refunded

The Netherlands (2013):

* Financial return + 20 %



Future in the Netherlands

2017:

- › Number of organisations: 17
- › Number of clients: 400

Expectation 2025:

All over the Netherlands

Challenges:

- quality, program fidelity and program integrity
- accountability; registration, ICT, report
- the families and their risks

Internationalizing?!

Development- related programs

- **Client focused**
 - **VoorZorg-Verder (VoorZorg-Further) (VUMC, NCJ en VJI)**
 - **Applied Gaming for a smokefree generation (AMC)**
 - **O&KO (Support Parents &Children, family VoorZorg)(NCJ)**
- **Organisation focused**
 - **VoorZorg in the social domain (VUMC)**
- **Research**
 - **Na VoorZorg (after VoorZorg) (AMC)**

Development- related programs

- Client focused

- **VoorZorg-Verder (VoorZorg-Further) (VUMC, NCJ en VJI)**
- VoorZorgclients who have finished the whole program; support from 2 until the child is 6 years old.
- **Applied Gaming for a smokefree generation (AMC)**
- Diminish Smoking within the VoorZorggroup by applied gaming tools
- **O&KO (Support Parents &Children, family VoorZorg)(NCJ)**
- Program based on VoorZorg, but for the very vulnerable families who have already children

Development- related programs

- **Organisation focused**
 - **VoorZorg in the social domain (VUMC)**
 - The relation of the transisted social domain in municipalities and VoorZorg
- **Research**
 - **Na VoorZorg (after VoorZorg) (AMC)**
 - The RCT-clients and children in 2018

Discussion:

The number of VoorZorg-following programs is notable.

Possible reasons:

- the first evidence based program to prevent child abuse?
- the early onset of the program?
- the very high risk groups?
- a way to be in contact with families who are usely care-avoiding?
- ????

▶ Thank you!

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Nederlands
Centrum
Jeugdgezondheid

The True Nature of Preventive Medicine

Death



Birth



**Mechanisms By Which
Adverse Childhood Experiences
Influence Adult Health Status**

Child Abuse

Low SES -> more chance for child abuse
No risk facts: 3% chance for child abuse
4 risk facts: 24% chance for child abuse

1/3 of the parents who are abused, abuses themselves later
Psychological problems: more chance for child abuse
Of all children died of child abuse 80 % of the parents have a psychological problem

Social support protects against child abuse

